

## Obesity Day 2024

Saturday 9 March 2024

Le Royal Hotel Beirut

**Public Session** 

## SAVE





## - Program -

## SCIENTIFIC SESSION

| 10:00 - 10:30 | Opening Ceremony  |                                  |
|---------------|---|----------------------------------|
| 10:30 - 11:00 | . ,   | Cara Culiman MD DDhil            |
| 10:30 – 11:00 | Establishing a MENA Regional Obesity Working Group – Progress & Challenges                                      | Sara Suliman, MD, DPhil          |
| 11:00 – 11:30 | New Directions in the Pharmacological Treatment of Craving and Obesity: Focus on NB                             | Alexander Miras, MD, PhD         |
| 11:30 – 12:00 | Malabsorptive procedures – Role in the current obesity Treatment  | Bassem Safadi, MD                |
| 12:00 – 12:30 | COFFEE BREAK  |                                  |
| 12:30 – 13:00 | Beyond Sugar and Fat: Role of Food Additives in<br>Excessive Weight Gain & Related Cardio-Metabolic<br>Outcomes | Nathalie Al Asmar Yaghi, LD, PhD |
| 13:00 – 13:30 | Effect of Obesity on Male Fertility   | Maya Barake, MD, MSc             |
| 13:30 - 14:00 | Psychotropic Medications' Induced Obesity  – Which Medication & Why?  | Michel Soufia, MD, MSc           |
| 14:00 – 15:15 | LUNCH   |                                  |
| 15:15 – 15:45 | Role of Eating Disorders in Obesity   | Melissa Rizk, LD, PhD            |
| 15:45 – 16:25 | Obesity: Is it Willpower or Obesity?  | Arya Sharma, MD, DSc             |
| 16:25 – 16:30 | CLOSURE   |                                  |

